

VID

Final Report SEP-1 2020-2023

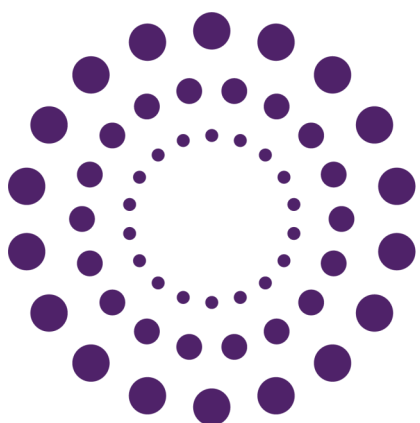


SEP

Spiritual Care, Education
& Practice Development

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SEP
Spiritual Care, Education
& Practice Development

What is SEP?



Leader:

Tove Giske

Professor in Nursing, PhD.
VID Specialized
University, Faculty of
Health Sciences, Bergen,



Co-Leader:

Linda Rykkje

Professor in nursing, PhD.
VID Specialized
University, Faculty of
Health Sciences, Bergen,

SEP is an abbreviation Spiritual Care Education and Practice Development and is one of three outstanding research projects funded by VID Specialized University 2020 - 2023.

Vision:

Contribute to enhance spiritual care in nursing practice to the benefit of patients

Overall objective:

To develop the SEP-project into an internationally acknowledged Centre of Excellence for Spiritual Care in Education and Practice for nursing students and allied healthcare professionals.

<https://www.spiritualcare.no/>

<https://www.vid.no/forskning/forskning-ved-vid/vids-fremragende-forskningsmiljoer/sep>

<https://app.cristin.no/projects/show.jsf?id=2051161>



Aims and members of SEP

Aims:

- To become an internationally acknowledged Centre of Excellence for spiritual care education
- Develop models to strengthen the learning process in clinical placements
- Bring in a Global South perspective; build collaboration with School of Nursing at Christian University in North Haiti



Application Group 2019:

Tove Giske Professor in Nursing, Ph.D. VID Specialized University, Norway

Linda Rykkje Associate Professor, Ph.D. VID Specialized University, Norway

Wilfred McSherry Professor in Nursing, Staffordshire University, UK

Pamela Cone Professor, PhD, Azusa Pacific University, CA

Linda Ross Professor, PhD, South Wales University, UK

Rene van Leeuwen Professor, PhD, Viaa University, the Netherlands

Britt Haugland Associate Professor, M.Phil., VID Specialized University, Norway

Charlotte Delmar Professor in Caring Science, Fellow of American Academy of Nursing, PhD, (professor II, 10 % i FHB, VID)

Additional Collaboration partners 2023: Marianne Morland (PhD student in the SEP-project), Britt Moene Kuvén (VID), Marte Bygstad-Landro (VID), Kristin Ferstad (VID), Bart Cusveller (The Netherlands), Benson Owusu (Ghana), Joanne Lassche-Scheffer (The Netherlands), Sølvi Eide (HVL), Bodil Bø (UiS), Adam Boughey (UK), Kirsten Tornøe (VID).



Definition of spirituality and spiritual care

In the SEP project we build on this understanding of spirituality and spiritual care:

“Spirituality is the dynamic dimension of human life that relates to the way persons (individual and community) experience, express and/or seek meaning, purpose and transcendence, and the way they connect to the moment, to self, to others, to nature, to the significant and/or the sacred.

The spiritual field is multidimensional:

- 1. Existential challenges (e.g., questions concerning identity, meaning, suffering and death, guilt and shame, reconciliation and forgiveness, freedom and responsibility, hope and despair, love and joy).*
- 2. Value-based considerations and attitudes (e.g., what is most important for each person, such as relations to oneself, family, friends, work, aspects of nature, art and culture, ethics and morals, and life itself).*
- 3. Religious considerations and foundations (e.g., faith, beliefs and practices, the relationship with God or the ultimate).”*

Nolan, S., Saltmarsh, P., & Leget, C. J. (2011). Spiritual care in palliative care: working towards an EAPC Task Force.

Spiritual care is:

“care which recognises and responds to the human spirit when faced with life-changing events (such as birth, trauma, ill health, loss) or sadness, and can include the need for meaning, for self-worth, to express oneself, for faith support, perhaps for rites or prayer or sacrament, or simply for a sensitive listener. Spiritual care begins with encouraging human contact in compassionate relationship and moves in whatever direction need requires”

van Leeuwen, R., Attard, J., Ross, L., Boughey, A., Giske, T., Kleiven, T., & McSherry, W. (2020). The development of a consensus-based spiritual care education standard for undergraduate nursing and midwifery students: An educational mixed methods study. *Journal of Advanced Nursing*. 00, 1-14. <https://doi.org/10.1111/jan.14613>



Work Package 1 Education

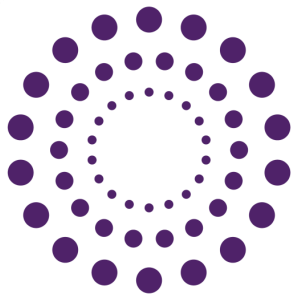
Scoping review

The aim of Work Package 1 was to publish a Scoping review of educational approaches and useful learning methods regarding spiritual care in educational and practice settings.

[Rykkje, L., Søvik, M. B., Ross, L., McSherry, W., Cone, P., & Giske, T. \(2021\). Educational interventions and strategies for spiritual care in nursing and healthcare students and staff: A scoping review. *Journal of Clinical Nursing*. <https://doi.org/10.1111/jocn.16067>](https://doi.org/10.1111/jocn.16067)



Linda Rykkje
Associate professor PhD.
VID Specialized University,
Faculty of Health Sciences,
Bergen, Norway.



Background: Spiritual care is an important part of whole person care, but healthcare staff lack competence and awareness of spiritual issues in practice. To rectify this, it is important to identify what educational approaches are most helpful in supporting them to provide spiritual care.



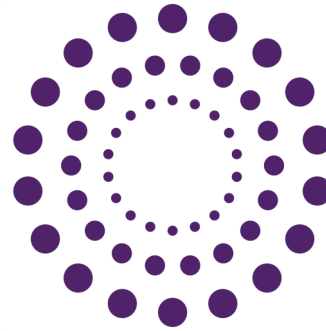
(Photo: Linda Rykkje)

Working group:

Professor Linda Rykkje
Professor Tove Giske
Professor Wilfred McSherry
Professor Pamela Cone
Professor Linda Ross
Research Librarian Margrethe B. Søvik

Work Package 1 Education

Method: Searches were conducted for papers spanning January 2009–May 2020. Search terms were related to spirituality, spiritual care, education and clinical teaching. Appraisal tools were used. 36 papers were included.



(Photo: Tove Giske)

Results:

The results are presented in three themes:

- 1. Understanding of spirituality**
- 2. Strategies in educational settings**
- 3. Strategies in practice settings**

The review points to great diversity in the content, lengths and setting of the educational interventions or strategies.

Conclusions:

Courses in spiritual care should be implemented in curricula in both undergraduate and postgraduate education, and several studies suggest it should be mandatory. Courses should also be available for healthcare staff to raise awareness and to encourage the integration of spiritual care into their everyday practice. There is a need for greater consensus about how spirituality and spiritual care are described in healthcare settings.

Work Package 2 Mental Health

Pilot Study

We seek to understand how patients with mental illness experience existential and spiritual perspectives.

A pilot study was conducted to examine the EPICC tool for mental health staff in Norway:

[Cone, P., & Giske, T. \(2021\). Mental Health Staff Perspectives on Spiritual Care Competencies in Norway: A Pilot Study. *Frontiers in Psychology*, 12, 794165-794165. doi: 10.3389/fpsyg.2021.794165](#)



Tove Giske Professor in Nursing, PhD.
VID Specialized University,
Faculty of Health Studies,
Bergen, Norway.



Pamela Cone Professor, PhD,
Azusa Pacific University,
California

Results: The results showed that formal education were positively correlated with better preparedness for spiritual assessment. The strongest relationships among the variables were between personal spirituality and the healthcare workers ability to intervene and evaluate spiritual care.

Method: A mixed-method pilot study was conducted using the EPICC Spiritual Care Competency Self-Assessment Tool to examine the four spiritual care competencies for mental health staff in Norway. We also aimed to understand the perspectives of mental health staff in Norway. 24 staff participated in the study with the majority having a bachelor's in nursing.



(Photo: Tove Giske)

Conclusions: The findings support that the EPICC tool can be helpful in determining spiritual care competencies among mental healthcare staff. The caring attitudes and communication skills reflected in the responses is clear evidence that good nursing is whole person and patient centred. This pilot reveals a need for spiritual care educational materials that are targeted specifically for those who work in mental health.

Work Package 2 Mental Health

Simon and God—Film

The film *Simon and God* (<https://youtu.be/-quC8djZs5A>) was made in the SEP project WP2 in 2023. Within mental health, there is still limited research into spiritual care, and in practice, the attitude of not talking about God and politics is still alive in Norway, hampering spiritual care for patients. The film addresses spiritual care in mental health and invites for reflection. The film has subtitles in Norwegian and English and has proven to facilitate important discussions both in Norway and internationally.



Group that developed the Simon and God film:

Marte Bygstad-Landro

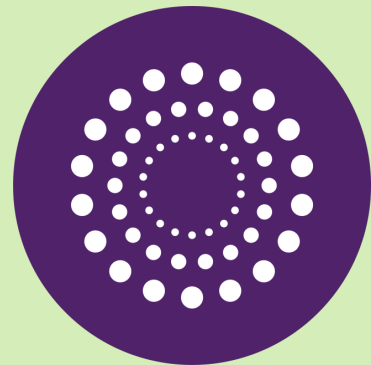
Wenche Sortvik

Sølvi Anne Eide Lunde

Linda Garvik

Solveig Christophersen Olerud

Tove Giske



Work Package 3 Care for Older People

SEP PhD Candidate

The purpose of the work package has been to contribute new knowledge about the understanding of spiritual care among healthcare professionals and patients in nursing homes, and to highlight the knowledge and skills that healthcare professionals need to address residents' spirituality. The overarching research question for work package 3 is: What is the understanding of spiritual care among healthcare professionals and residents in nursing homes, and what knowledge/skills are needed to address residents' spirituality? The work package consists of three sub-studies, and each constitutes an article. The article for sub-study 3 is under review and is therefore not presented here.



Marianne Morland
PhD candidate
VID Specialized University

Sub-study 1

[Morland, M., McSherry, W., & Rykkje, L. \(2022\). Understanding Spiritual Care Perspectives from Healthcare Professionals in a Norwegian Nursing Home. Religions, 13\(3\), 239. <https://doi.org/10.3390/rel13030239>](#)

Results: One central question emerged during the data analysis: what is spiritual care versus good care? This starting point resulted in four themes:

(1) caring for the whole person, (2) having a personal touch, (3) seeing the person behind the diagnosis, and (4) more than religiousness. Some healthcare professionals had not heard of spiritual care, and many were not aware of this in their daily work with older patients. Nevertheless, they facilitated and cared for the patient's spiritual needs, but they did not address it as spiritual care. Other participants were familiar with the concept and understood spiritual care as an essential part of daily care.

Method: Data were collected from individual interviews (N = 8) and one focus group (N = 5) of nursing home personnel; the study used qualitative content analysis and a hermeneutic methodology.

Conclusion: The results indicated a need for an open dialogue about spiritual needs and resources in clinical practice and the teaching of personnel about how to facilitate older people's spirituality.



Supervisor:
Linda Rykkje



Co-supervisor:
Wilfred McSherry

Work Package 3 Care for Older People

Sub-study 2

[Rykkje, L., Morland, M., Ferstad, K., & Kuven, B. M. \(2023\). A qualitative hermeneutical understanding of spiritual care in old age when living in a nursing home: The residents' voices. Journal of Clinical Nursing, 32\(21-22\), 7846-7859.](#)



Linda Rykkje
Associate professor PhD,
VID Specialized University,
Faculty of Health Sciences,
Bergen, Norway.

Method:

Thirty-eight individual interviews was conducted in one large nursing home. FACIT-Sp-12 was used as a guide for the interview, in addition to two open-ended questions about thriving and spiritual care. 24 participants had a dementia diagnosis.

Co-authors:



**Britt Moene
Kuvén**



**Marianne
Morland**



**Kristin
Ferstad**



(Photo: Linda Rykkje)

Results:

The older residents' voices portray a broad and diverse understanding of spiritual care, and four themes emerged: (1) Spiritual at-homeness, (2) Spiritual awareness, (3) Philosophy of life and (4) Interconnectedness.

Conclusions:

Accepting one's life situation in a nursing home can foster a feeling of belonging, leading to feeling more at-home. Spiritual well-being, including finding purpose, spiritual awareness and beliefs, was found to be interconnected with spiritual at-homeness in the nursing home.

Sub-study 3

What is the understanding of spiritual care among healthcare professionals, and what learning needs do they have related to this dimension of care?

Work Package 4 EPICC Tool

EPICC Self-Assessment Tool

In Work Package 4 we have built on the EPICC work where 31 researchers and educators from 21 European developed the EPICC Spiritual Care Education Standard (www.epicc-network.org).

[Giske, T., Schep-Akkerman, A., Bø, B., Cone, P. H., Moene Kuven, B., Mcsherry, W., Owusu, B., Ueland, V., Lassche-Sheffer, J., & Ross, L. \(2023\). Developing and testing the EPICC Spiritual Care Competency Self-Assessment Tool for student nurses and midwives. *Journal of Clinical Nursing*, 32\(7-8\), 1148-1162.](#)



Tove Giske Professor in Nursing, Ph.D. VID Specialized University, Faculty of Health Studies, Bergen,

Conclusion and relevance for practice

The Tool has construct and discriminant validity, and high internal consistency (is reliable). In addition, students found the Tool useful, especially in early stages of education. The Tool affords student nurses and midwives the opportunity to self-evaluate their knowledge, skills and attitudes about spirituality and spiritual care. The Tool offers students, educators and preceptors in clinical practice a tangible way of discussing and evaluating spiritual care competency.

Method:

The Tool (available in English, Dutch and Norwegian) was developed by an international group. It was tested between July-October 2020 with a convenience sample of 323 nursing/midwifery students at eight universities in five countries. The Tool was tested for validity using Kaiser-Meyer-Olkin (KMO) test, exploratory and confirmatory factor analysis, one-way ANOVA and independent samples t test. The reliability was tested by Cronbach's alpha coefficient. Qualitative data were analysed using thematic analysis.



Results:

The KMO test for sampling adequacy was 0.90. All, but two, items were related to the same factor. Cronbach's alpha coefficient for the Tool was 0.91. Students found the Tool easy to use, and they gained new insights by completing it. However, students felt that some questions were repetitive and took time to complete.

Work Package 4 EPICC Tool

EPICC Self-Assessment Tool

[Cone, P. H., Lassche-Scheffer, J., Bø, B., Kuven, B. M., McSherry, W., Owusu, B., Ross, L., Schep-Akkerman, A., Ueland, V., & Giske, T. \(2023\). Strengths and challenges with spiritual care: Student feedback from the EPICC Spiritual Care Self-Assessment Tool. *Nursing Open*, 10\(10\), 6923-6934.](#)



Pamela Cone Professor,
PhD, Azusa Pacific University,
California

Conclusion and relevance for practice:

The Tool raises awareness of spirituality among students and working nurses, providing an accessible way to self-check personal and professional growth in spiritual care competencies, which increases student and nurse capacity to become more knowledgeable and skilled in facilitating spiritual care, thus be role models for students at the intersection of spirituality and health.



(Foto: Tove Giske)

Method:

The EPICC Spiritual Care Competency Self-Assessment Tool, tested at eight universities in five countries, provided many opportunities for student comments, resulting in rich qualitative data presented here.

Results:

Identified strengths were similar across countries: caring attitudes, general knowledge of caring and compassion and good communication skills. Weaknesses/challenges touched on spirituality as overlooked in some cultures but part of life for others, complex questions were hard to understand, and self-assessment tools are common for some and rare for others. Areas for improvement included need for knowledge of religious and other deeply held beliefs and for greater spiritual assessment skills. Similarities across countries related to basic training in communication and compassionate care for nurses globally.

Work Package 4 EPICC Tool

The Norwegian EPICC–Tool

The Norwegian version can be found on the SEP webpage: www.spiritualcare.no/selvvurdering

In relation to the testing of the Norwegian EPICC –tool two articles have been written (In Norwegian):

Spiritual care is about more than religious belief

[Kuven, B. M., Bø, B., Ueland, V., & Giske, T. \(2022\). Åndelig omsorg handler om mer enn religiøs tro. *Sykepleien*, 110\(87563\), 87563.](#)



Britt Moene Kuven

Docent in Nursing,
VID Specialized University,

In this article, the EPICC standard for education in spiritual care is presented. This is a common standard for all nursing and midwifery programs in Europe. The standard is based on extensive research. The goal is to translate spiritual care into practical action, thus ensuring comprehensive nursing care in patient encounters.

The courage to address the patient's spiritual thoughts and feelings – a qualitative study

[Bø, B., Ueland, V., Giske, T., Kuven, B.M. \(2023\) Mot til å møte pasienten sine åndelege tankar og kjensler – ein kvalitativ studie. *Sykepleien forskning*, 18\(93502\): e-93502. doi: 10.4220/Sykepleienf.2023.93502](#)

The English version will soon be available



Bodil Bø

Associate Professor,
University of Stavanger

Method: The study employs a qualitative method and is based on written responses from 65 bachelor students in Norway to open-ended questions developed as part of the self-assessment tool EPICC-Tool.

Conclusion: The findings show that many nursing students have an open and empathetic attitude and are motivated to provide spiritual care. They further report the need for more knowledge to become confident in meeting patients' spiritual care needs. Attention to spiritual care in practice, directed towards both patients and open dialogue with colleagues, is important.

Work Package 4 EPICC Tool

The translation of the tool to different languages

Since the publication of the article *Developing and testing the EPICC Spiritual Care Competency Self-Assessment Tool for student nurses and midwives*, the EPICC Spiritual Care Competency Self-Assessment Tool has been promoted to be used in different countries.

The EPICC Spiritual Care Competency Self-Assessment Tool is currently available in the following languages: **English, Chinese, Dutch, Italian, Norwegian** and **Greek**.

Work has also been started for translation of the EPICC Tool in Turkish, Persian, French and Filipino.



Link to updated EPICC web page on the EPICC Spiritual Care Competency Self-Assessment Tool:

<https://blogs.staffs.ac.uk/epicc/resources-and-tools/the-epicc-spiritual-care-competency-self-assessment-tool/>

The screenshot shows the EPICC Network website interface. At the top, there is a navigation menu with the following items: Home, About us, Resources and Tools, Reach and Impact, Events, and Blog. Below the menu, there is a search icon and a dropdown menu for 'EPICC Project (2016-2019)'. The main content area features a grid of language flags with corresponding download buttons:

- United Kingdom flag: Download the English version
- China flag: Download the Chinese version
- Dutch flag: Download the Dutch Version
- Italy flag: Download the Italian version
- Norway flag: (No button visible)
- Greece flag: (No button visible)

A purple button with an upward arrow is located at the bottom right of the grid.

Work Package 5 French Translation

Translation and testing of EPICC materials into French for global use

The translation and testing the EPICC Tool in French is a challenging task. French is spoken around the world. However, when it comes to spirituality, compassion and care, the religious and cultural diversity impact how these concepts are understood and thus makes it demanding to agree on translation.



The French Translation Team Leader is **Dr Pamela H. Cone**, Professor Emerita at VID and at Azusa Pacific University in California, USA; born and raised in Haiti; founding Board member of Université Chrétienne du Nords d'Haïti (UCNH)

As French is spoken in many countries around the world, nurses, educators and scholars from France, Belgium, Madagascar, Cameroon and Haiti are involved in the translation process.

In this way, information about the work in EPICC and in SEP becomes known in Europe and far beyond



(Photo: Tove Giske)

Team members for the translation work include:

Europe:

Belgium: Serena Bucher with a team of professors at Université Catholique de Louvain in Brussels who met for dialogue to determine the final version; these scholars did the entire translation protocol for Belgium.

Work Package 5 Frech Translation

Translation and testing of EPICC materials into French for global use

North America & Carabien:

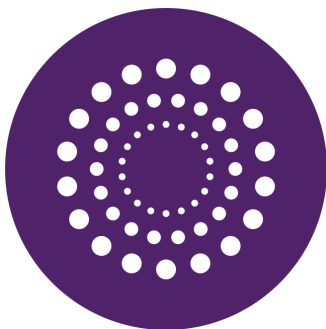
Haiti: Dr Jean Dona Darius, President/Rector of Université Chrétienne du Nords d'Haïti (UCNH) with doctoral work in Belgium.

Dr Jules Casséus, Founding President/Professor Emeritus of UCNH; Dr Laurel Casséus (elaineheneise@gmail.com) Dean, Faculty of Fine Arts.

Dr Oris Guilaumme, Professor at Saint Leo Catholic University in Florida, USA; Dr O is an Alumni & Board member & visiting professor at UCNH.

Mme Elcie Thoby, Director of the School of Nursing in the Faculty of HealthSciences at UCNH.

UCNH leaders have completed forward and backward translations and are reviewing all the materials for dialogue and decision-making.



Africa:

Democratic Republic of Congo: Dr Nzunga Mabudiga of Democratic Republic of Congo, Professor Emeritus in Theology at UCNH.

Madagascar: Dean Tantely Andrianasolo Academic Dean at Université Adventiste Zurcher where we hope to identify more partners, and Siri Nyen from Norway but working in Madagascar.

Cameroon: Emmanuel Aoudi Chance Asst Professor in nursing at VID Specialized University in Norway, born and educated in Cameroon.

(Photo: Linda Rykkje)

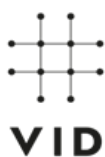


Network Spiritual Care in Mental Health



Tove Giske

VID Specialized university



Marte Bygstad-Landro

VID Specialized university



The SEP-project has established networks for Spiritual care in the professional fields of both mental health and old people care.

The networks represents both education, research and fields of practice in Western Norway.

The network has received found for UH-nett vest to convey research-based knowledge about the importance of spiritual care within Old person care and mental health and establish the networks.



Solveig Olerud

VID Specialized university and Western Norway



Linda Garvik

Consultant for Bergen Municipality



Sølvi Anne Eide Lunde

Western Norway University



Contact information for the members of the network is available at spiritualcare.no/network

Spiritual Care in Care for older People



Linda Rykkje

VID Specialized university



Britt Moene Kuven

VID Specialized university



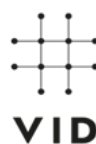
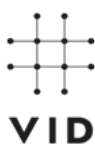
Marianne Morland

VID Specialized university



Kristin Ferstad

VID Specialized university



Olaug Kristin E. Hindal

Development center for health and



Danuta Teresa Zablotna

Western Norway University



Bodil Bø

University of Stavanger



Ronny Heimli

Special adviser agency for nursing Homes



Contact information for the members of the network is available at spiritualcare.no/network

Conference & seminars Norwegian Network

Objective of the conference and seminars:

To convey research-based knowledge about the importance of spiritual care within old person care and mental health, as well as share, discuss and reflect on how it might be possible to improve the quality in clinical practice



Title: Meaning, hope and will to live, spiritual care in nursing and health care.

Date: 10th January 2023

Number of participants: 53

A variety of practitioners, researchers and lecturers from the west of Norway gathered for the conference and shared experiences, inspiration and challenges. Parts of the Conference the whole group were together and part of the Conference were divided into groups: *Old person care* and *mental Health*.

The Network held a Digital follow-up seminar following up from the conference 10th January

Date: 23th march 2023

Number of participants: 22

The network for mental health and for old people care had individual seminars with joint lunch in December 2023

Title: Spiritual Care for people with dementia/Spiritual Care in Mental Health

Date: 5th December

Number of participants: 55



SEP Web-page

On our SEP Web-page spiritualcare.no you can find recourses for spiritual care as well as information about SEP and the work-packages, the Norwegian translation of the EPICC standard and the EPICC Spiritual Care Competency Self-Assessment Tool.

HJEM

OM SEP ▾

RESSURSER

NETTVERK ▾

SELVVURDERING

EPICC CONFERENCE ▾



SEP

Spiritual Care, Education
& Practice Development

Welcome to SEP

SEP is one of VID's three Excellence in research projects: [more information](#)



EPICC-Conference

In collaboration with the international network EPICC, SEP organized an international student conference on spiritual care in Bergen, April 2023. The conference's theme was "Spiritual care in challenging times - fostering ability and courage," which is relevant both on a personal and international level.



EPICC STUDENT CONFERENCE
20.-21. April 2023

Spiritual care in challenging times

Fostering ability and courage

VID Specialized University, Bergen



Over 130 participants from 17 different countries, including Indonesia, Mongolia, Ghana, Kenya, Turkey, the USA and 10 European countries, attended the conference.



EPICC-Conference

Several participants of the Conference presented posters from their work at the Conference's poster-walk.



EPICC STUDENT CONFERENCE
20.-21. April 2023

Spiritual care in challenging times
Fostering ability and courage

VID Specialized University, Bergen



The Key speakers for the Conference was Professor Paul Otto Brunstad, Professor Anthony Schwartz and Professor Emerita Barbara Parfit (on the picture together with the EPICC steering group).

SEP Work Shops 2021 & 2022



We had workshops for key participants in SEP November 2021 and September 2022 where we went through all the work packages in the project; reported, discussed and planned further work.

Participants 2021:

Tove Giske, Linda Rykkje, Pamela Cone, Wilfred McSherry, Linda Ross, Charlotte Delmar, Britt Kuven, Venke Ueland, Annemiek Schep-Akkerman, Joanne Lassche-Scheffer, Bart Cusveller, Elisabeth Mæland Marte Bygstad- Landro, and Margrethe Søvik.

Participants 2022:

Adam Boughey, Britt Moene Kuven, Linda Rykkje, Marianne Morland, Tove Giske, Wilfred McSherry, Bodil Bø, Venke Ueland, Pam Cone, Linda Ross, Annemiek Schep, Bart Cusveller, Joanne Lassche – Scheffer, Benson Owusu, Anne Biro, Kirsten Tornø, Marthe Bygstad-Landro and Kristin Ferstad.



SEP Presentations in Canada

June 4th – 7th 2023 a Group from SEP travelled to Waterloo, Canada to participate and present SEP work at the 10th International conference on Aging and spirituality at Conrad Grebel University College.



Britt Moene Kuven, Wilfred McSherry, Marianne Morland, Tove Giske, Marte Bygstad-Landro, Linda Rykkje and Kristin Ferstad



Pakistan, Ghana & Sierra Leone

The SEP Leader Tove Giske has been on several trips to present SEP-work



Pakistan november 2022



Ghana and Sierra Leone February 2023

Questions about SEP?



Tove Giske

tovgis@vid.no

Work package 2, 4 and 5.



Linda Rykkje

Linda.rykkje@vid.no

Work package 1 and 3



Marianne Morland

marianne.morland@vid.no

Work package 3



Kristin Ferstad

Kristin.ferstad@vid.no

Work package 3

Disseminations

We have 9 publications, 1 book, and 3 book chapter coming from the SEP-project 2020 - 2023

Cone, P. M., & Giske, T. (2022). *The Nurse's Handbook of Spiritual Care*. John Wiley and Sons Ltd.

Giske, T., Schep-Akkerman, A., Bø, B., Cone, P. H., Kuven, B. M., McSherry, W., ... & Ross, L. (2022). Developing and testing the EPICC spiritual care competency self-assessment tool for student nurses and midwives. *Journal of Clinical Nursing*.
<https://doi.org/10.1111/jocn.16261>

Kuven, M. B., Bø, B., Ueland, V., & Giske, T. (2022). Åndelig omsorg handler om mer enn religiøs tro. *Sykepleien Forskning*, 110 (87563), 87563. DOI:10.4220/Sykepleiens.2021.87563

Morland, M., McSherry, W., & Rykkje, L. (2022). Understanding Spiritual Care Perspectives from Healthcare Professionals in a Norwegian Nursing Home. *Religions*, 13(3), 239. <https://doi.org/10.3390/rel13030239>

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Rykkje, L., Søvik, M. B., Ross, L., McSherry, W., Cone, P., & Giske, T. (2022). Educational interventions and strategies for spiritual care in nursing and healthcare students and staff: A scoping review. *Journal of Clinical Nursing*, 31(11-12), 1440-1464.
<https://doi.org/10.1111/jocn.16067>

Rykkje, L., Morland, M., Ferstad, K., Kuven, B.M. (2023) A qualitative hermeneutical understanding of spiritual care in old age when living in a nursing home: The residents' voices. *Journal of Clinical Nursing*. <https://doi.org/10.1111/jocn.16855>

Cone, P. & Giske, T. (2022). Mental Health Staff Perspectives on Spiritual Care Competencies in Norway: A Pilot Study. *Frontiers in Psychology*, 18 February 2022. Sec. Health Psychology. Special issue Spirituality and Mental Health: Exploring the Meanings of the Term 'Spiritual'. <https://doi.org/10.3389/fpsyg.2021.794165>

Cone, P. H., & Giske, T. (2021). Hospitalized Patients' Perspectives on Spiritual Assessment: A Mixed Methods Study. *Journal of Holistic Nursing*, 39(2), 187-198. DOI:10.1177/0898010120965333

Cone, P.M., Lassche-Scheffer, J., Bø, B., Kuven, B.M., McSherry, W., Owusu, B., Ross, L., Schep-Akkerman, A., Ueland, V., & Giske, T. (2023). Strengths and Challenges with Spiritual Care: Student Feedback from the EPICC Spiritual Care Self-Assessment Tool. *Nursing Open*. <https://doi.org/10.1111/jocn.16855>

Giske, T., Damsma-Bakker, A., Caldeira, S., Romero, G.M.G, Wilson C. de Abreu, W.C., & Timmins, F. (2021) Spiritual care, Intervention and Evaluation. Chapter 8 (pp 131-149). In W. McSherry, A. Boughey, J. Attard (eds) *Enhancing Nurses' and Midwives' Competence in Providing Spiritual Care through Innovative Education and Compassionate Care. EPICC Handbook: a resource for in nursing, midwifery and spiritual care education*. Springer <https://www.springer.com/gp/book/9783030658878>

Boughey, A., McSherry, W., Ross, L., Giske, T., Attard, J., van Leeuwen, R., & Kleiven, T. (2021) Conclusion of the EPICC journey and Future Directions. Chapter 9 (pp. 151-169). In W. McSherry, A. Boughey, J. Attard (eds) *Enhancing Nurses' and Midwives' Competence in Providing Spiritual Care through Innovative Education and Compassionate Care. EPICC Handbook: a resource for in nursing, midwifery and spiritual care education*. Springer <https://www.springer.com/gp/book/9783030658878>

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Disseminations

Those involved in SEP have other publications related to EPICC and Spiritual Care - 2023

Olafsson, Å. M., & Rykkje, L. (2022). Existential Issues in Old Age as Narrated by Older People—An Interview Study from Norway. *Religions*, 13(3), 259.

Ferstad, K., & Rykkje, L. (2023). Understanding the Significance of Listening to Older People's Life Stories in Whole Person Care—An Interview Study of Nurses in Gerontology. *SAGE Open Nursing*, 9, 23779608231164077.

Those involved in SEP have other publications related to EPICC and Spiritual Care - 2022

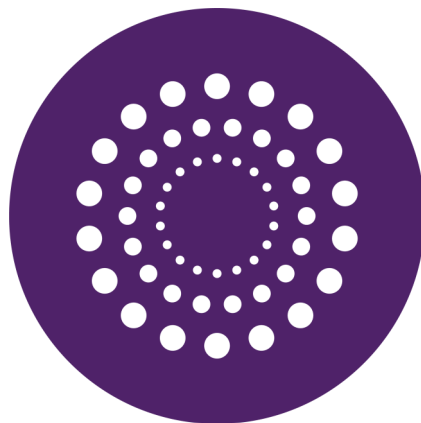
Ross, L., Giske, T., Boughey, A.J., van Leeuwen, R., Attard, J., Kleiven, T. & McSherry W. (2022) Development of a spiritual care education matrix: Factors facilitating/hindering improvement of spiritual care competency in student nurses and midwives. *Nurse Education Today*, <https://doi.org/10.1016/j.nedt.2022.105403>

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Giske et al. (2022) Developing and testing the EPICC Spiritual Care Competency Self-Assessment Tool for student nurses and midwives. *Journal of Clinical Nursing*, 00,1-15. <https://doi.org/10.1111/jocn.16261>

Giske, T. & Bø, B. (2023). Å forstå et ein ikkje kan snakke om. *HELE Tidsskrift for fag og tro*, 43(3), s. 12 - 16.

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- Cone, P. & Giske, T.** (2021) Mental Health Staff Perspectives on and Competencies in Spiritual Care. *Frontiers in Psychology, special issue Spirituality and Mental Health: Exploring the Meanings of the Term 'Spiritual'*. <https://www.frontiersin.org/articles/10.3389/fpsyg.2021.794165/abstract>
- Haugland, Ø.B & Giske, T.** (2021) Nursing Students Exploring Meaningful Activities for Nursing Home Residents: Enlivening the Residents by Cultivating their Spark of Life. *Nursing Reports*, 11,217-228. <https://doi.org/10.3390/nursrep11020022>
- Bygstad-Landro, M., **Giske, T.**, Blystad, A. & Martinsen, K. (2021) «Skammen slår beina under meg» – om hvordan mennesker med depresjon erfarer skam. (Shame leaves me crawling on my knees” – how people with depressions experience shame”). *Nordisk sygeplejeforskning* 11(2), 155-166.
- Cone, P. H., & Giske, T.** (2021). Hospitalized Patients’ Perspectives on Spiritual Assessment: A Mixed Methods Study. *Journal of Holistic Nursing*, 39(2), 187-198. <https://doi.org/10.1177/0898010120965333>
- Rykkje, L., Søvik, M. B., Ross, L., McSherry, W., Cone, P., Giske, T.** (2021) Educational interventions and strategies for spiritual care in nursing and healthcare students and staff: A scoping review. *Journal of Clinical Nursing* <https://doi.org/10.1111/jocn.16067>
- Ross L** (2021). Assessing spirituality in a diverse world. *Journal for the Study of Spirituality*. DOI: 10.1080/20440243.2021.1956246 (invited)
- Anne Vandenhoeck, Joost Verhoef, Daniel Nuzum, Pascal Mösl, David Neuhold, Simon Peng-Keller, Traugott Roser, Linda **Ross**, Wim Smeets, Austyn Snowden, Wilfred **McSherry** (2021) Charting by chaplains in healthcare: White paper of the European Research Institute for Chaplains in HealthCare (ERICH). Health & Social Care Chaplaincy <https://doi.org/10.1558/hsc.20583> (Invited)
- van Leeuwen R, Attard J, Ross L, Boughey A, Giske T, Kleiven T, McSherry W** (2021) The development of a European consensus based Standard in spiritual care competencies for undergraduate nurses and midwives. *Journal of Advanced Nursing*, 77, pp 973–986 DOI: 10.1111/jan.14613
- Miles J, **Ross L**, Jarvis P, Pickett S. (2021) Spiritual support in advanced heart failure: a randomised controlled feasibility study. *Journal of Health and Social Care Chaplaincy*. 9 (2), pp 191–215 DOI: 10.1558/hsc.41171
- Kvande M, Lauritzen J, Damsgaard J, **Delmar C.** Ethical dilemmas embedded in performing fieldwork with nurses in the ICU. *Nursing Ethics*, 2021; 28 (7-8). <https://doi.org/10.1177/0969733021996025>
- Andersen HE, Hoeck B, Nielsen D, Ryg J, **Delmar C.** Older ill persons’ and their adult children’s experiences with primary healthcare: A reflective lifeworld research approach. *Nordic Journal of Nursing Research*; 2021: 41 (2). <https://doi.org/10.1177/2057158520966754>
- Pedersen B, Grønkjær M, **Delmar C.** Existential phenomenology as a unifying philosophy of science for a mixed method study; *Nursing Philosophy*; 2021, e12376. <https://doi.org/10.1111/nup.12376>
- Delmar C, **Delmar C.** Covid-19-vaccination: Spændingen mellem autonomi og paternalisme; belyst med Kants pligtetik og Benthams nytteetik. *Klinisk Sygepleje*; 2021; 35 (2): 135 – 144. <https://10.18261/ISSN.1903-22852021-02-04>

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Those involved in SEP have other publications related to EPICC and Spiritual Care - 2021

- Rasmussen RC.B, Larsen K.L, Højgaard K, Dybbroe K.L, Jensen GS, Eckhardt M, Skouenborg P.B, **Delmar C**, Hoeck B. Når patienter indlægges til pleje og behandling i eget hjem, øges den sygeplejefaglige kompleksitet (When patients are admitted to care and treatment in their own home, the nursing complexity increases). *Nordisk Sygeplejeforskning*; 2021; 11 (2): 141 – 154. <https://doi.org/10.18261/issn.1892-2686-2021-02-05>.
- Delmar C**. Professionel sygeplejefaglig omsorg – en rammemodell (Professional nursing care - a framework model). *Klinisk Sygepleje*; 2021; 35 (3): 219 – 241.
- Fjørtoft A-K, Oksholm T, Førland O, **Delmar C**, Alvsvaag H. The position of home-care nursing in primary health care: A critical analysis of contemporary policy documents. *Nursing Inquiry*, accepted 7 June 2021.
- Drageset, J., Taasen, S. E., Espehaug, B., **Kuven**, B. M., Eide, W. M., André, B., ... & Haugan, G. (2021). Associations between nurse–patient interaction and sense of coherence among cognitively intact nursing home residents. *Journal of Holistic Nursing*, 39(1), 16-28. <https://doi.org/10.1177/0898010120942965> <https://journals.sagepub.com/doi/full/10.1177/0898010120942965>
- Haugan, G., Eide, W. M., Andre, B., Wu, V. X., Rinnan, E., Taasen, S. E., **Kuven**, BM., & Drageset, J. (2021). Joy-of-life in cognitively intact nursing home residents: the impact of the nurse–patient interaction. *Scandinavian journal of caring sciences*, 35(1), 208-219. <https://onlinelibrary.wiley.com/doi/full/10.1111/scs.12836>
- Maarten van Garderen, René van **Leeuwen** (november 2021). Student internship experiences during the Covid-19 pandemic. *Journal of Nursing Education and Practice*, 12(4), 46-50.
- Aliza Damsma-Bakker, René van **Leeuwen** (October 2021). An Online Competency-Based Spiritual Care Education Tool for Oncology Nurses. *Seminars in Oncology Nursing*, 37(5), <https://doi.org/10.1016/j.soncn.2021.151210>
- Bart **Cusveller**, Maarten van Garderen, Joan Roozmond-Kroon (26 augustus 2021). Mental health professionals discussing spiritual care for psychiatric outpatients: a qualitative study of multidisciplinary meetings. Published online by De Gruyter (*degruyter.com*), <https://doi.org/10.1515/spircare-2020-0124>
- Rørtveit, K., Furnes, B., Dysvik, E., & **Ueland**, V. (2021). Patients' Experience of Attending a Binge Eating Group Program – Qualitative Evaluation of a Pilot Study: <https://doi.org/10.1177/23779608211026504>, 7. <https://doi.org/10.1177/23779608211026504>
- Ueland**, V., Dysvik, E., Hemberg, J., & Furnes, B. (2021). Cancer survivorship: existential suffering. <https://doi.org/10.1080/17482631.2021.2001897>

Disseminations

Those involved in SEP have other publications related to EPICC and Spiritual Care - 2020

- Giske, T. & Cone, P. H.** (2020) Comparing Nurses' and Patients' Comfort Level with Spiritual Assessment. *Religions*, 11(12) 671 <https://doi.org/10.3390/rel11120671> -
- Cone, P & Giske T.** (2020) An open journey approach to spiritual care education. *Atlas of Science* <https://atlasofscience.org/an-open-journey-approach-to-spiritual-care-education/#more-30525>
- Rykkje, L., & Mæland, M. K.** (2020). Mot til å våge. In *Eksistensielle begreper i helse-og sosialfaglig praksis* (pp. 134-150). Universitetsforlaget.
- Austad, A., Stifoss-Hanssen, H., Borge, L., & **Rykkje, L.** (2020). Innledning: Det eksistensielle. In *Eksistensielle begreper i helse-og sosialfaglig praksis* (pp. 11-21). Universitetsforlaget.

Overview of other types of research communication so far during the project period—2023

- Giske, T (2023). Spiritual care in nursing and midwifery. Lecture as part of Global Mobility between VID, Faculty of Health Studies and COMAHS, UiSL. February 7th, 2023. (Invited)
- Giske, T (2023). Spirituality in Nursing and Midwifery. Lectures for faculty and nursing students at Central University, Ghana, February 13th, 2023. (invited)
- Giske, T (2023). Spirituality in Nursing and Midwifery. Lectures for faculty and midwifery students at University of Ghana, Ghana, February 14th, 2023. (invited)
- Giske, T (2023). Åndelig omsorg ved livets slutt. Temaundervisning «Når livet går mot slutten», Metodistkirkehjemmet sykehjem i Bergen, 23 mars 2023. (Invited)
- Giske, Tove: Interview tv i Sierra Leone february 2023: <https://www.facebook.com/tove.giske.7/videos/1251730672079778>
- Giske, Tove: Rapport om EPICC-konferansen 19-21 april på VID sine heimesider <https://ansatt.diakonhjemmet.no/aktuelt/nyheter/internasjonalt-studentkonferanse-samlet-130-deltakere-fra-17-land>
- Lassche-Scheffer, J. (2023). *EPICC Tool useful for spiritual variable Neuman Systems Model?* Knowledge table on International Biennial Neuman Systems Model Symposium, Utrecht, The Netherlands, June, Online presentation:.
- Lassche-Scheffer, J. (2023). *EPICC Tool useful for spiritual variable Neuman Systems Model?* Virtual presentation on International Biennial Neuman Systems Model Symposium. June, online.
- Morland, M. (2023). Forståelse av åndelig omsorg på sykehjem, (internundervisning) Sandsli Bo-og omsorgssenter
- Morland, M. (2023). Is there a distinction between spiritual care and good fundamental care in a nursing home? EPICC – Pre-Conference
- Morland, M. (2023). Pasienter og helsepersonells forståelse av åndelig omsorg på sykehjem, SESAM-Konferansen
- Morland, M. (2023). Pasienter og helsepersonells forståelse av åndelig omsorg på sykehjem, Emnekurs i eldremedisin- for leger, Den Norske legeforening

Dissemination

Overview of other types of research communication so far during the project period—2023

- Rykkje, L., Cone, P.M., McSherry, W., Ross, L., & Giske, T. (2023) Educational interventions and strategies for spiritual care. Oral presentation at 10th International conference on Aging and spirituality, Conrad Grebel University College, Waterloo, Ontario, Canada, June 4th – 7th 2023.
- Rykkje, L., Morland, M., Ferstad, K., Kuven, B., (2023) A qualitative hermeneutical understanding of spiritual care in old age when living in a nursing home: The residents' voices. Oral presentation at 10th International conference on Aging and spirituality, Conrad Grebel University College, Waterloo, Ontario, Canada, June 4th – 7th 2023.
- Cone, P.H., & Giske, T. (2022). Collaborating Internationally for Research: Leading the Way. A virtual oral/podium presentation for the Academy of Professionals in Health Care (APHC) sponsored by Drexel University College of Medicine, Center for Professionalism and Communication in Health Care, Philadelphia, Pennsylvania, USA June 1-3, 2022.
- Cone, P.H (2022). Une norme pour les soins spirituels [Trans. from French: A BSN Standard for Spiritual Care] Standard Européenne pour les compétences en matière de soins spirituels pour la formation de premier cycle en soins infirmiers et obstétricaux [Fr Trans: A European standard for Spiritual Care Competencies in baccalaureate education for nurses and midwives]. French presentation at the first virtual conference on Health and Spiritual Care in France : Journée « spiritual care » on 11 March, 2022.
- Giske, T. & Morland, M. (2022). Kva er åndeleg omsorg? 1 t internundervisning Adventistenes sykehjem, Bergen 15 april 2022 (invited)
- Giske, T. (2022). Åndelig og eksistensiell omsorg. Innlegg Fagdag Haraldsplass helsecampus 6. mai kl. 10.00 – 15.30. De skrøpelige eldre med mange treffpunkt mot kommune og spesialisthelsetjenesten. (invited)
- Giske, T. (2022.) Ways to overcome the challenges of integrating spirituality into health care. Online lecture for Trinity University, School of Nursing research group May 12th. (invited)
- Giske, T. (2022). Åndelig og eksistensiell omsorg – hva er det og hvordan kan det utøves? Foredrag fagdag 2. Juni Oslo Universitetssykehus. (invited)
- Giske, T. (2022) Professional formation – a lifelong journey of balancing courage and vulnerability in patient care. 'The Spiritual Dimension: Cultivating Spiritual Care through Research, Education and Practice' SRIG2022 online conference: 16 June 2022 (invited)
- Giske T. og Glittum, A. (2022) Kilder til håp og styrke når livet røyner på. Fortellinger om håp i vår tid. Diakonhjemmet og VID. 1 t foredrag og samtale på hovedbiblioteket I Trondheim. Trondheim internasjonale Olavsfest 28. Juli – 3. august 2022 (invited)
- Giske, T. (2022). Spiritual Care. Keynote speaker at CANA Regional online conference, October 15th, 2022. (invited)
- Giske, T. (2022). Advancement in Spiritual Care in Nursing (20 min). International Nursing Conference as Part of The University of Lahore, Pakistan, 1st Faculty Allied Health Sciences FAHS) Conference 2022 during October 25 - 27, 2022 (invited)
- Giske, T. (2022.) Conceptualization of research topics in spiritual care 2 h workshop. Pre-conference workshop, School of Nursing, University of Lahore. October 24th, 2022 (invited)
- Giske, T. (2022). SEP project and development of EPICC self-assessment tool for spiritual care. Presentation at SPIRCARE seminar September 22nd, 2022, at VID, campus Bergen

Dissemination

Overview of other types of research communication so far during the project period—2022

- Kuven, B., Bø, B., Ueland, V. & Giske, T. (2022). Åndelig omsorg handler om mer enn religiøs tro. *Sykepleien* ;110(87563):e-87563. DOI: 10.4220/Sykepleiens.2021.87563
- Kuven, B.M & Giske, T. (2022). 'Talking about faith and religion - how nursing students can learn to talk with patients about spiritual matters and why it is important in nursing. Oral presentation at Trinity 7th International Spirituality in Healthcare Conference - 'The Spiritual Dimension: Cultivating Care through Research, Education and Practice' Ireland, June 16th, 2022.
- Kuven, B.M & Giske, T. (2022). 'Hope that provides strength in illness – do we forget the spiritual part? Nursing students' narratives after conversations with patients. Oral presentation at Trinity 7th International Spirituality in Healthcare Conference - 'The Spiritual Dimension: Cultivating Care through Research, Education and Practice', Ireland, June 16th, 2022.
- Britt Kuven: Hva e det som gir syke mennesker håp? Oppslag på Forskning.no 14. februar 2022 <https://forskning.no/sykdommer/hva-er-det-som-gir-syke-mennesker-hap/1980027>
- Hva er det som gir mennesker håp? Samtale Tove Giske og Britt M. Kuven på P1+ den 7. mars 2022 med Hege Holm. <https://radio.nrk.no/serie/holm/PLUV02004622>
- Britt Kuven: What gives sick people hope? Oppslag på Sciencenorway.no 27. februar 2022 <https://sciencenorway.no/.../what-gives-sick.../1983855>
- Oppslag VID heimeside om SEP-rapporten 20. mai 2022 Rapport om åndeleg omsorg - VID vitenskapelige høgskole

Overview of other types of research communication so far during the project period—2021

- Cone, P. H (2021). Using a Finger Labyrinth for Restful Meditation: A Spiritual Self-Care Workshop. Virtual workshop for APU-SON Doctoral Intensives workshop. Feb 26, 2021 Azusa, CA. [based on the work produced by EPICC Network & SEP Team]
- Giske, T. (2021). Development of a tool to measure spiritual care competences. Workshop at NCFI Virtual Congress, 9 – 11 July 2021
- Giske, T (2021) 'An assessment tool for the development of spiritual care competences in undergraduate Nursing/ Midwifery education based on the EPICC Educational Standard', Keynote lecture at EPICC Network virtual Meeting March 18th, 2021
- Giske, T. (2021). "I had to dare to go beyond my comfort zone": ways to promote lifelong learning of spiritual care. Key-note speaker at 6th International Conference of the International network for the Study of Spirituality, online 7 – 8 June 2021.
- Giske, T. (2021). NCFI President's welcome speech at NCFI virtual Congress, July 9 – 11 2021. Theme: Opportunities and Challenges in nursing Today – A Christ-Centered Response.

Dissemination

Overview of other types of research communication so far during the project period—2021

Giske, T. (2021). Participant in panel discussion on 'Contemporary Issues in Spirituality' at the Trinity 6th International Spirituality in Healthcare Conference – The Spiritual Imperative in Healthcare: Securing the Foundations. Virtual conference from Trinity College Dublin Spiritual Research and Innovation Group, June 17th 2021.

Giske, T. (2021.) Går det an å måle kompetanse i åndeleg/eksistensiell omorg? Bakgrunn og smakebit på kvifor svaret kan vere ja. 1 t innlegg på NSF tillitsvalgt samling i Norheimsund 14. september

Giske, T. (2021.) Tro, livssyn og helse. 1 t forelesning på fagdag om tro, livssyn og flerkulturell kommunikasjon. HUS, 18. november 2021.

Giske, T. (2021). Participant in panel discussion on 'Contemporary Issues in Spirituality' at the Trinity 6th International Spirituality in Healthcare Conference – The Spiritual Imperative in Healthcare: Securing the Foundations. Virtual conference from Trinity College Dublin Spiritual Research and Innovation Group, June 17th 2021.

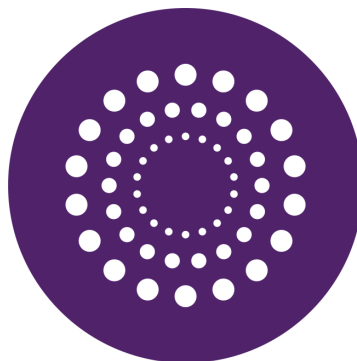
Giske, T. (2021.) Går det an å måle kompetanse i åndeleg/eksistensiell omorg? Bakgrunn og smakebit på kvifor svaret kan vere ja. 1 t innlegg på NSF tillitsvalgt samling i Norheimsund 14. september

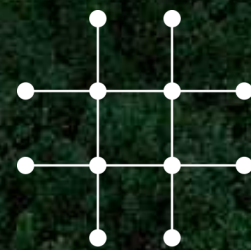
Giske, T. (2021.) Tro, livssyn og helse. 1 t forelesning på fagdag om tro, livssyn og flerkulturell kommunikasjon. HUS, 18. november 2021.

Overview of other types of research communication so far during the project period—2020

Cone, P.H. & Giske, T. (2020). Spirituality & Health Research Collaboration: Barriers and Benefits. Workshop at VID Specialized University Faculty of Health UG Nursing. Feb 21, 2020, Bergen, Norway.

Tove Giske: Lager 3 videoer, september 2020, om åndeleg omsorg i samarbeid med Oddbjørg H. Øygarden Diakonmedarbeidar Haugesund kirkelige fellessråd





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